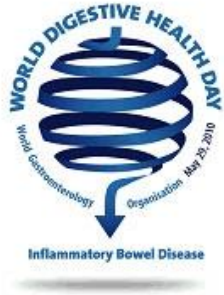


WDHD 2010



# World Digestive Health Day

May 2010



## 10 Tips for Living with IBD



10 essential tips for patients living with IBD, including general advice on nutrition, medication and other IBD related topics.

» [Download the 10 Tips here](#)

## FAQ on IBD by Patients



Ten of the most frequently asked questions about IBD by patients, with answers provided by the international IBD expert and WDHD 2010 campaign chair, Dr. Charles Bernstein.

» [FAQ on IBD by Patients](#)

## IBD Guideline



The WGO Global Guideline on IBD was released in 2009 and offers clinical Cascades for treatment at every resource level.

» [Download IBD Guideline here](#)

## Influenza A (H1N1) Virus in patients with IBD



WGO is pleased to present its membership a review article on influenza A (H1N1) virus in patients with IBD.

» [Download article](#)

## FAQ on IBD by Doctors



Ten of the most frequently asked questions about IBD by doctors, with answers provided by the international IBD expert and WDHD 2010 campaign chair, Dr. Charles Bernstein.

» [FAQ on IBD by Doctors](#)

**Tools**

- Patients with a Mayo score of 6 or more have moderately-to-severely active disease and may be uncontrolled
- Endoscopic findings
- Mayo Endoscopic Scoring of Ulcerative Colitis
- Crohn's Disease Patient Assessment Sheet